## **Code of Conduct for Parents/Guardians**

- Please ensure your child both understands and adheres to all points in the "Code of Conduct for Participants".
- Always ensure your child is dressed appropriately for the activity (please refer to the Dress Code/Clothing policy)
- Drinks (preferably water) must be in a plastic bottle with a non-spill top.
- Keep the Club and BG informed of any changes in contact details, address, emergency numbers or medical conditions.
- Keep the club informed if your child is ill or unable to attend sessions by e-mailing the absences e-mail address: <a href="mailto:absences@dimensionstrampolineclub.org.uk">absences@dimensionstrampolineclub.org.uk</a>
- Please inform the Coach of any injuries or illness that your child may have before the warm up begins, by attending the session we will assume your child is fit to bounce however the Coach does reserve the right to not allow a Trampolinist to participate in a session if they feel that it will be detrimental to do so or may possibly cause a more serious injury.
- Endeavour to establish good communications with the Club, Coaches, Assistant Coaches and Officials for the benefit of all.
- Children should arrive a few minutes before the start of training. It is particularly upsetting for the younger children to arrive after all the others have started. Everyone should attend and take part in the warm up and cool down/conditioning. These are essential parts of the training that help the prevention of injury.
- Please do not drop off your own, or other children early to watch the classes unattended.
   The Club cannot be responsible for these children until they enter the hall, which they should do when invited in by the Coach at the beginning of their class time.
- Children should be encouraged to visit the toilet before participating in the session.
- It is the responsibility of the parent to collect their child from the hall at the end of the session, please collect your child promptly.
- Support your child's involvement and help them to enjoy their sport.
- Parents are to refrain from sitting in the hall, viewing is available from the upstairs viewing area.
- Please DO NOT take photos or videos recorded from up in the viewing area, should you wish
  to video/photo your child performing a move, you are welcome to come down to the hall 5
  mins before your child's session finishes, where your child can perform the move recorded
  under the supervision of their coach. Please ensure any images taken are of your <u>own child</u>
  only. For further guidance on this please refer to our video/photography policy in this pack.
- Parents of children under 8 must remain within the Centre at all times during their child's session and may be asked to spot for their child while they are on the trampolines.
- If you are asked to spot, for the children's safety could you please remove jewellery and refrain from using your mobile phone thus giving the jumper your full attention.
- Encourage your child to learn the rules and participate within them.
- Use correct and proper language at all times.
- Publicly accept officials' judgements and discourage challenging/arguing with officials.
- Help your child to recognise good performance, improvement and effort, not just results.
- Set a good example by recognising good sportsmanship and applauding the good performances of all.
- Never force your child to take part or punish/belittle a child for poor performance or making mistakes.

Please read & follow this code for both you and your child's well-being and enjoyment.

N.B. Should you require a second pack for a separated parent please let us know. Equally if they would like all info and updates from Club, please advise second e-mail address which we will add to our mailing list.